

# Hindley Leisure Centre: Exercise Classes

## Hindley Pool and Leisure Centre

Accurate as of 29/04/2024

Times for Monday 25 June		
Time	Session	
11:45 - 12:45	Pilates	
13:00 - 14:00	Low Aerobics	
17:00 - 17:30	GRIT Strength	
18:15 - 19:15	Bootcamp	
19:20 - 20:05	Body Pump	