Hindley Leisure Centre: Exercise Classes Hindley Pool and Leisure Centre

Accurate as of 17/05/2024

Times for Saturday 18 May		<u>(C)</u>
Time	Session	
09:00 - 09:45	Boxercise	
10:00 - 10:30	GRIT Cardio	
10:30 - 11:00	GRIT Strength	
12:00 - 13:30	Basketball	