

Hindley Leisure Centre: Exercise Classes

Hindley Pool and Leisure Centre

Accurate as of 18/05/2024

Times for Thursday 13 June		
Time	Session	
11:45 - 12:45	Pilates	
13:00 - 13:45	Low Aerobics	
18:00 - 19:00	Yoga	
18:30 - 19:00	GRIT Strength	
19:00 - 19:30	GRIT Cardio	