Hindley Leisure Centre: Exercise Classes

Hindley Pool and Leisure Centre

Accurate as of 05/05/2024

Times for Saturday 15 June

Time	Session
09:00 - 09:45	Boxercise
10:00 - 10:30	GRIT Cardio
10:30 - 11:00	GRIT Strength
12:00 - 13:30	Basketball