Hindley Leisure Centre: Exercise Classes Hindley Pool and Leisure Centre

Accurate as of 09/04/2024

Times for Tuesday 23 July		(
Time	Session	
09:30 - 10:30	Low Aerobics	
17:30 - 18:15	Body Attack	
18:15 - 19:00	Body Attack	
19:00 - 20:00	Legs, Bums & Tums	