## Hindley Leisure Centre: Exercise Classes Hindley Pool and Leisure Centre

Accurate as of 19/05/2024

Times for Tuesday 8 October		<b>©</b>
Time	Session	
09:30 - 10:30	Low Aerobics	
18:00 - 18:45	Aerotone	
19:00 - 20:00	Legs, Bums & Tums	
20:00 - 21:00	Zumba (14yrs+)	