

# Hindley Leisure Centre: Exercise Classes

## Hindley Pool and Leisure Centre

Accurate as of 19/04/2024

### Times for Tuesday 21 January



Time	Session
09:30 - 10:30	Low Aerobics
18:00 - 18:45	Aerotone
19:00 - 20:00	Legs, Bums & Tums
20:00 - 21:00	Zumba (14yrs+)