Wigan Life Centre: Exercise classes

Wigan Life Centre

Accurate as of 12/10/2024

Times for Saturday 1 July

Time	Session
08:30 - 09:30	BODYBALANCE (Virtual)
09:05 - 09:50	Hatton Boxing
10:00 - 10:45	RPM
10:15 - 10:45	BODYBALANCE (Virtual)
11:00 - 12:00	Body Pump®
12:00 - 13:00	BODYBALANCE (Virtual)
14:00 - 15:00	BODYBALANCE (Virtual)