

Wigan Life Centre: Exercise classes

Wigan Life Centre

Accurate as of 20/04/2024

Times for Saturday 24 November



| Time | Session |
|---------------|-----------------------|
| 08:00 - 17:00 | Studio closed |
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| 08:00 - 17:00 | Studio closed |
| 08:30 - 09:00 | BODYCOMBAT (Virtual) |
| 08:30 - 09:30 | BODYBALANCE (Virtual) |
| 09:05 - 09:50 | Hatton Boxing |
| 10:00 - 10:45 | RPM |
| 10:15 - 10:45 | BODYBALANCE (Virtual) |
| 11:00 - 11:30 | CXWORX (Virtual) |
| 12:00 - 13:00 | BODYBALANCE (Virtual) |
| 14:00 - 15:00 | BODYBALANCE (Virtual) |