

Tides Pool Programme

Tides Leisure & Indoor Tennis Centre

Accurate as of 13/05/2024

Times for Saturday 29 September

| Time | Session | Facility |
|--------------------|------------------------|----------|
| 7:00 am - 8:00 am | Early Riser Adult Swim | Pool |
| 10:30 am - 6:00 pm | Leisure Time Swim | Pool |
| 6:30 pm - 8:30 pm | Available for Hire | Pool |