

Tides Pool Programme

Tides Leisure & Indoor Tennis Centre

Accurate as of 17/05/2025

Times for Saturday 19 October



Time	Session	Facility
7:00 am - 8:00 am	Early Riser Adult Swim	Pool
10:30 am - 6:00 pm	Leisure Time Swim	Pool
6:30 pm - 8:30 pm	Available for Hire	Pool