

# Whole Centre Timetable

## Haltwhistle Swimming & Leisure Centre

Accurate as of 20/07/2018

### Times for Thursday 12 July



Time	Session	Facility
9:00 am - 9:45 am	Shallow Water Aquafit	Outdoor Pool (25.0m)
9:45 am - 12:15 pm	School Swimming	Outdoor Pool (25.0m)
10:00 am - 12:00 pm	Young at Heart	Main Hall
12:15 pm - 1:30 pm	Public Swimming	Outdoor Pool (25.0m)
1:30 pm - 3:00 pm	School Swimming	Outdoor Pool (25.0m)
2:15 pm - 3:00 pm	Bodyshape	Gym
3:00 pm - 6:30 pm	Public Swimming	Outdoor Pool (25.0m)
6:00 pm - 6:45 pm	Spinning	Gym
6:00 pm - 6:45 pm	Legs, Bums & Tums	Main Hall
6:30 pm - 7:30 pm	Adult only lane swim	Outdoor Pool (25.0m)
7:00 pm - 8:00 pm	Boxercise Bootcamp	Studio
7:00 pm - 8:30 pm	Ju-Jitsu	Main Hall
7:00 pm - 9:00 pm	Badminton	Main Hall
8:00 pm - 9:00 pm	Junior Gym (14-16 yrs)	Gym