

Swimming Timetable

Newham Leisure Centre

Accurate as of 05/05/2024

Times for Tuesday 21 May

Time	Session	Facility
06:00 - 08:00	Adult Lane Swimming	Main Pool
06:00 - 09:00	Adult Lane Swimming	Main Pool
08:00 - 15:00	Both pools closed	Main Pool
15:00 - 19:00	General Swim*	Main Pool