## Swimming Timetable Newham Leisure Centre

## Accurate as of 27/04/2024

| Times for Wednesday 22 May |                     | 0         |
|----------------------------|---------------------|-----------|
| Time                       | Session             | Facility  |
| 06:00 - 09:00              | Adult Lane Swimming | Main Pool |
| 12:05 - 12:50              | Aqua Fit            | Main Pool |
| 19:30 - 21:30              | Adult Lane Swimming | Main Pool |