

# Swimming Timetable

## Newham Leisure Centre

Accurate as of 18/04/2024

### Times for Tuesday 23 July



Time	Session	Facility
06:00 - 09:00	Adult Lane Swimming	Main Pool
12:00 - 13:00	Adult Lane Swimming*	Main Pool
14:40 - 15:40	Family Splash	Teaching Pool
16:00 - 17:00	General Swim	Main Pool