

Swimming Timetable

Newham Leisure Centre

Accurate as of 04/05/2024

Times for Thursday 25 July

| Time | Session | Facility |
|---------------|---------------------|-----------|
| 06:00 - 09:00 | Adult Lane Swimming | Main Pool |
| 12:00 - 13:00 | Adult Lane Swimming | Main Pool |
| 20:00 - 21:00 | Adult Lane Swimming | Main Pool |