Swimming Timetable Newham Leisure Centre

Accurate as of 02/05/2024

Times for Tuesday 24 September (Time Session Facility 06:00 - 09:00 Adult Lane Swimming Main Pool Adult Lane Swimming* 12:00 - 13:00 Main Pool 14:40 - 15:40 Family Splash **Teaching Pool** 16:00 - 17:00 General Swim Main Pool