

# Swimming Timetable

## Newham Leisure Centre

Accurate as of 03/05/2024

### Times for Thursday 26 September



| Time          | Session             | Facility      |
|---------------|---------------------|---------------|
| 06:00 - 09:00 | Adult Lane Swimming | Main Pool     |
| 12:00 - 13:00 | Adult Lane Swimming | Main Pool     |
| 14:40 - 15:40 | Family Splash       | Teaching Pool |
| 20:00 - 21:00 | Adult Lane Swimming | Main Pool     |