


Swimming Timetable

Newham Leisure Centre

Accurate as of 02/05/2024

Times for Friday 19 April			
Time	Session	Facility	
06:00 - 09:00	Adult Lane Swimming	Main Pool	
12:00 - 13:00	Adult Lane Swimming	Main Pool	
14:40 - 15:40	Family Splash	Teaching Pool	
14:40 - 15:40	Adult Lane Swimming	Main Pool	
19:30 - 21:30	Adult Lane Swimming*	Main Pool	