

Ashton Leisure Centre: Pool sessions

Ashton Leisure Centre

Accurate as of 23/04/2024

Times for Monday 23 October



Time	Session	Facility
07:15 - 09:00	Casual Swim	Large Pool
09:00 - 09:30	Holiday Crash Course	Small Pool
09:00 - 10:00	Active Holiday Camp	Large Pool
10:00 - 12:00	Family Swim	Small Pool
10:00 - 13:45	Casual Swim	Large Pool
12:15 - 13:00	Aqua Aerobics	Small Pool
13:00 - 15:00	Family Swim	Small Pool
13:45 - 14:45	Fun & Floats	Large Pool
14:45 - 15:40	Adults Only Swim	Large Pool
15:00 - 15:30	Adult Swimming Lesson	Large Pool
15:00 - 15:30	Swim Tots	Small Pool
15:45 - 18:15	Swimming Lessons	Small Pool
16:00 - 17:30	Swimming Lessons	Large Pool
17:30 - 19:00	Casual Swim	Large Pool
18:15 - 20:00	Family Swim	Small Pool
20:00 - 21:00	Ladies Only	Large Pool
20:15 - 21:00	Aqua Aerobics (Cancelled)	Small Pool
21:00 - 22:00	Lane Swimming	Large Pool