

# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 25/04/2024

### Times for Monday 28 May



| Time          | Session                        | Facility   |
|---------------|--------------------------------|------------|
| 06:30 - 09:00 | Adults Only Swim               | Large Pool |
| 09:00 - 10:00 | Holiday Crash Course           | Small Pool |
| 09:00 - 14:00 | Casual Swim                    | Large Pool |
| 10:00 - 11:00 | Family Swim                    | Small Pool |
| 11:00 - 11:30 | Ducklings (must be pre-booked) | Small Pool |
| 11:30 - 12:00 | Swim Tots                      | Small Pool |
| 12:15 - 13:00 | Aqua Aerobics                  | Small Pool |
| 13:00 - 15:30 | Family Swim                    | Small Pool |
| 14:00 - 15:45 | Fun & Floats                   | Large Pool |
| 15:45 - 18:15 | Swimming Lessons               | Small Pool |
| 16:00 - 18:00 | Swimming Lessons               | Large Pool |