## **Ashton Leisure Centre: Pool sessions Ashton Leisure Centre**

Accurate as of 24/04/2024

| Times for Tuesday 29 May |   |            |
|--------------------------|---|------------|
| Time                     | Session                                 | Facility   |
| 06:30 - 09:00            | Casual Swim                             | Large Pool |
| 09:00 - 10:00            | Holiday Courses - Distance Awards       | Large Pool |
| 09:30 - 10:00            | Holiday Crash Course                    | Small Pool |
| 09:30 - 10:00            | Holiday Crash Course                    | Small Pool |
| 10:00 - 10:30            | Swim Tots                               | Small Pool |
| 10:15 - 11:15            | Twin Track Inflatable Session (8-14yrs) | Large Pool |
| 10:30 - 15:30            | Family Swim                             | Small Pool |
| 11:30 - 15:45            | Casual Swim                             | Large Pool |
| 15:45 - 18:15            | Swimming Lessons                        | Small Pool |
| 16:00 - 17:30            | Swimming Lessons                        | Large Pool |
| 17:30 - 19:00            | Casual Swim                             | Large Pool |
| 20:15 - 21:00            | Aqua Aerobics                           | Small Pool |