

# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 29/04/2024

### Times for Monday 20 August



Time	Session	Facility
06:30 - 09:00	Casual Swim	Large Pool
09:00 - 10:00	Active Holiday Camp	Large Pool
09:00 - 10:00	Holiday Crash Course	Small Pool
10:00 - 10:30	Swim Tots	Small Pool
10:00 - 14:30	Casual Swim	Large Pool
10:30 - 11:00	Ducklings (must be pre-booked)	Small Pool
11:00 - 12:00	Family Swim	Small Pool
12:15 - 13:00	Aqua Aerobics	Small Pool
13:00 - 15:30	Family Swim	Small Pool
14:30 - 15:30	Adults Only Swim	Large Pool
14:50 - 15:20	Adult Swimming Lesson	Large Pool
15:45 - 17:30	Swimming Lessons	Large Pool
15:45 - 18:15	Swimming Lessons	Small Pool
17:30 - 19:00	Casual Swim	Large Pool
18:15 - 20:00	Family Swim	Small Pool
20:00 - 21:00	Ladies Only	Large Pool
20:15 - 21:00	Aqua Aerobics	Small Pool
21:00 - 22:00	Lane Swimming	Large Pool