


Ashton Leisure Centre: Pool sessions

Ashton Leisure Centre

Accurate as of 28/04/2024

| Times for Wednesday 24 October | | |  |
|--------------------------------|----------------------|------------|---|
| Time | Session | Facility | |
| 06:30 - 09:00 | Casual Swim | Large Pool | |
| 09:00 - 10:00 | Family Swim | Small Pool | |
| 09:00 - 10:00 | Active Holiday Camp | Large Pool | |
| 10:00 - 11:00 | Holiday Crash Course | Small Pool | |
| 10:15 - 11:00 | Aqua Aerobics | Large Pool | |
| 11:00 - 11:30 | Swim Tots | Small Pool | |
| 11:00 - 14:30 | Casual Swim | Large Pool | |
| 11:30 - 12:00 | Parent and Child | Small Pool | |
| 12:00 - 14:30 | Family Swim | Small Pool | |
| 14:30 - 15:30 | Fun & Floats | Small Pool | |
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| 15:45 - 18:15 | Swimming Lessons | Small Pool | |
| 16:00 - 18:30 | Swimming Lessons | Large Pool | |
| 18:15 - 20:00 | Family Swim | Small Pool | |
| 18:30 - 20:00 | Casual Swim | Large Pool | |
| 20:00 - 21:00 | Ladies Only | Large Pool | |
| 21:00 - 22:00 | Lane Swimming | Large Pool | |