

Ashton Leisure Centre: Pool sessions

Ashton Leisure Centre

Accurate as of 29/04/2024

Times for Wednesday 16 January



| Time | Session | Facility |
|---------------|-------------------------|------------|
| 06:30 - 07:30 | Lane Swimming | Large Pool |
| 09:00 - 11:30 | School use only | Small Pool |
| 10:15 - 11:00 | Aqua Aerobics | Large Pool |
| 11:00 - 13:00 | Casual Swim | Large Pool |
| 11:30 - 12:00 | Parent and Child Lesson | Small Pool |
| 12:00 - 13:00 | Family Swim | Small Pool |
| 13:10 - 14:50 | School use only | Small Pool |
| 13:10 - 14:50 | School use only | Large Pool |
| 14:50 - 15:40 | Family Swim | Small Pool |
| 15:45 - 18:15 | Swimming Lessons | Small Pool |
| 16:00 - 18:30 | Swimming Lessons | Large Pool |
| 18:15 - 20:00 | Family Swim | Small Pool |
| 18:30 - 20:00 | Casual Swim | Large Pool |
| 20:00 - 21:00 | Ladies Only | Large Pool |
| 21:00 - 22:00 | Lane Swimming | Large Pool |
| 21:00 - 22:00 | Lane Swimming | Large Pool |