

# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 05/05/2024

Times for Tuesday 23 July			
Time	Session	Facility	
06:30 - 09:30	Casual Swim	Large Pool	
09:00 - 09:30	Swim Tots	Small Pool	
09:30 - 10:00	Adult Swimming Lesson	Large Pool	
10:00 - 11:00	Holiday Crash Course	Small Pool	
10:15 - 11:15	Twin Track Inflatable Session (8-14yrs)	Large Pool	
11:00 - 12:00	Family Swim	Small Pool	
11:30 - 15:45	Casual Swim	Large Pool	
13:00 - 15:30	Family Swim	Small Pool	
16:00 - 17:30	Swimming Lessons	Large Pool	
16:00 - 18:00	Swimming Lessons	Small Pool	
17:30 - 18:45	Casual Swim	Large Pool	
19:15 - 20:00	Aqua Aerobics	Small Pool	
20:15 - 21:00	Aqua Aerobics	Small Pool	