

# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 01/05/2024

### Times for Wednesday 24 July



Time	Session	Facility
06:30 - 07:30	Lane Swimming	Large Pool
07:30 - 09:00	Casual Swim	Large Pool
09:00 - 10:00	Active Holiday Camp	Large Pool
09:30 - 10:00	Parent and Child	Small Pool
10:00 - 11:00	Holiday Crash Course	Small Pool
10:15 - 11:00	Aqua Aerobics	Large Pool
11:00 - 13:45	Family Swim	Small Pool
11:00 - 14:15	Casual Swim	Large Pool
13:45 - 14:30	Disney Inspired Swim	Small Pool
14:30 - 15:30	Twin Track Inflatable Session (8-14yrs)	Large Pool
14:30 - 15:30	Fun & Floats	Small Pool
15:45 - 18:15	Swimming Lessons	Small Pool
16:00 - 18:30	Swimming Lessons	Large Pool
18:15 - 20:00	Family Swim	Small Pool
18:30 - 20:00	Casual Swim	Large Pool
20:00 - 21:00	Ladies Only	Large Pool
20:15 - 21:00	Aqua Aerobics	Small Pool
21:00 - 22:00	Lane Swimming	Large Pool