


# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 13/05/2024

Times for Monday 19 August			
Time	Session	Facility	
06:30 - 07:30	Lane Swimming	Large Pool	
07:30 - 09:00	Casual Swim	Large Pool	
09:00 - 10:00	Active Holiday Camp	Large Pool	
09:30 - 10:00	Swim Tots	Small Pool	
10:00 - 11:00	Holiday Crash Course	Small Pool	
10:00 - 14:15	Casual Swim	Large Pool	
11:00 - 12:00	Family Swim	Small Pool	
12:15 - 13:00	Aqua Aerobics	Small Pool	
13:00 - 15:30	Family Swim	Small Pool	
14:30 - 15:30	Twin Track Inflatable Session (8-14yrs)	Large Pool	
15:45 - 18:15	Swimming Lessons	Small Pool	
16:00 - 17:30	Swimming Lessons	Large Pool	
17:30 - 19:00	Casual Swim	Large Pool	
18:15 - 20:00	Family Swim	Small Pool	
20:00 - 21:00	Ladies Only	Large Pool	
20:15 - 21:00	Aqua Aerobics	Small Pool	
21:00 - 22:00	Lane Swimming	Large Pool	