


# Ashton Leisure Centre: Pool sessions

## Ashton Leisure Centre

Accurate as of 28/04/2024

Times for Friday 23 August			
Time	Session	Facility	
08:00 - 10:00	Adults Only Swim	Large Pool	
09:30 - 10:00	Parent and Child	Small Pool	
10:00 - 11:00	Holiday Crash Course	Small Pool	
10:15 - 11:15	Twin Track Inflatable Session (8-14yrs)	Large Pool	
11:00 - 14:30	Family Swim	Small Pool	
11:30 - 14:45	Casual Swim	Large Pool	
14:30 - 15:30	Fun & Floats	Small Pool	
14:50 - 15:40	Low Aqua	Large Pool	
16:00 - 17:30	Swimming Lessons	Large Pool	
16:00 - 18:00	Swimming Lessons	Small Pool	
17:30 - 19:00	Casual Swim	Large Pool	
18:15 - 20:00	Family Swim	Small Pool	
20:00 - 21:00	Lane Swimming	Large Pool	