

Ashton Leisure Centre: Pool sessions

Ashton Leisure Centre

Accurate as of 02/05/2024

| Times for Monday 9 December | | |  |
|-----------------------------|-------------------------|------------|---|
| Time | Session | Facility | |
| 06:30 - 07:30 | Adults Only Swim | Large Pool | |
| 07:30 - 09:30 | Casual Swim | Large Pool | |
| 09:00 - 09:30 | Swim Tots | Small Pool | |
| 09:30 - 10:00 | Swim Tots | Small Pool | |
| 09:30 - 10:00 | Parent and Child Lesson | Large Pool | |
| 10:00 - 11:30 | School use only | Large Pool | |
| 10:00 - 12:00 | School use only | Small Pool | |
| 11:45 - 13:00 | Casual Swim | Large Pool | |
| 12:15 - 13:00 | Aqua Aerobics | Small Pool | |
| 13:10 - 14:40 | School use only | Small Pool | |
| 13:10 - 14:50 | School use only | Large Pool | |
| 14:50 - 15:20 | Adult Swimming Lesson | Large Pool | |
| 14:50 - 15:40 | Family Swim | Small Pool | |
| 14:50 - 15:50 | Casual Swim (Half Pool) | Large Pool | |
| 15:45 - 18:15 | Swimming Lessons | Small Pool | |
| 16:00 - 17:30 | Swimming Lessons | Large Pool | |
| 17:30 - 19:00 | Casual Swim | Large Pool | |
| 18:15 - 20:00 | Family Swim | Small Pool | |
| 19:00 - 20:00 | Swim Club | Large Pool | |
| 20:00 - 21:00 | Ladies Only | Large Pool | |
| 20:15 - 21:00 | Aqua Aerobics | Small Pool | |

| Time | Session | Facility |
|---------------|---------------|------------|
| 21:00 - 22:00 | Lane Swimming | Large Pool |