

# Howe Bridge Leisure Centre: Pool sessions

## Howe Bridge Leisure Centre

Accurate as of 16/08/2018

(16-08-2018 - 22-08-2018)



| Day | Time          | Session                           | Facility   |
|-----|---------------|-----------------------------------|------------|
| Thu | 07:30 - 09:00 | Adult Only Lane Swim              | Large Pool |
| Thu | 09:00 - 13:30 | Casual Swim                       | Large Pool |
| Thu | 10:30 - 11:15 | Swim Tots                         | Small Pool |
| Thu | 11:45 - 13:30 | Casual Swim                       | Small Pool |
| Thu | 13:45 - 14:45 | Pool Inflatable Session (8-14yrs) | Large Pool |
| Thu | 13:45 - 14:45 | Fun & Floats                      | Small Pool |
| Thu | 16:00 - 18:00 | Casual Swim                       | Large Pool |
| Thu | 18:30 - 19:30 | Fun & Floats                      | Small Pool |
| Thu | 20:00 - 21:30 | Adult Only Swim (3 Lanes)         | Large Pool |
| Thu | 21:30 - 22:00 | Adult Only Lane Swim              | Large Pool |
| Fri | 06:30 - 09:00 | Adult Only Lane Swim              | Large Pool |
| Fri | 09:00 - 11:00 | Casual Swim                       | Large Pool |
| Fri | 10:30 - 11:15 | Swim Tots                         | Small Pool |
| Fri | 11:15 - 12:15 | Disability Session                | Large Pool |
| Fri | 11:45 - 14:30 | Casual Swim                       | Small Pool |
| Fri | 12:30 - 14:30 | Casual Swim                       | Large Pool |
| Fri | 14:45 - 15:45 | Fun & Floats                      | Small Pool |
| Fri | 16:00 - 18:00 | Casual Swim                       | Large Pool |
| Fri | 18:30 - 19:30 | Fun & Floats                      | Small Pool |
| Sat | 09:00 - 14:15 | Casual Swim                       | Large Pool |
| Sat | 13:00 - 14:15 | Casual Swim                       | Small Pool |

| <b>Day</b> | <b>Time</b>   | <b>Session</b>                    | <b>Facility</b> |
|------------|---------------|-----------------------------------|-----------------|
| Sat        | 14:30 - 15:30 | Fun & Floats                      | Large Pool      |
| Sat        | 14:30 - 15:30 | Fun & Floats                      | Small Pool      |
| Sun        | 09:00 - 15:15 | Casual Swim                       | Large Pool      |
| Sun        | 10:30 - 15:15 | Casual Swim                       | Small Pool      |
| Mon        | 06:30 - 08:30 | Adult Only Lane Swim              | Large Pool      |
| Mon        | 09:30 - 14:30 | Casual Swim                       | Large Pool      |
| Mon        | 10:30 - 11:15 | Swim Tots                         | Small Pool      |
| Mon        | 11:45 - 14:30 | Casual Swim                       | Small Pool      |
| Mon        | 14:45 - 15:45 | Fun & Floats                      | Small Pool      |
| Mon        | 16:00 - 19:00 | Casual Swim                       | Large Pool      |
| Mon        | 18:30 - 19:30 | Fun & Floats                      | Small Pool      |
| Tue        | 06:30 - 09:00 | Adult Only Lane Swim              | Large Pool      |
| Tue        | 09:00 - 13:30 | Casual Swim                       | Large Pool      |
| Tue        | 10:30 - 11:15 | Swim Tots                         | Small Pool      |
| Tue        | 11:45 - 13:30 | Casual Swim                       | Small Pool      |
| Tue        | 13:45 - 14:45 | Pool Inflatable Session (8-14yrs) | Large Pool      |
| Tue        | 13:45 - 14:45 | Fun & Floats                      | Small Pool      |
| Tue        | 16:00 - 17:00 | Casual Swim                       | Large Pool      |
| Tue        | 18:30 - 19:30 | Fun & Floats                      | Small Pool      |
| Wed        | 11:00 - 14:30 | Casual Swim                       | Large Pool      |
| Wed        | 11:45 - 14:30 | Casual Swim                       | Small Pool      |
| Wed        | 14:45 - 15:45 | Fun & Floats                      | Small Pool      |
| Wed        | 16:00 - 19:30 | Casual Swim                       | Large Pool      |
| Wed        | 18:30 - 19:30 | Fun & Floats                      | Small Pool      |
| Wed        | 20:00 - 21:00 | Ladies Only                       | Large Pool      |