Swimming Timetable

Balaam Leisure Centre

Accurate as of 19/05/2024

Times for Thursday 21 September

Time	Session	Facility
06:00 - 08:30	Adult Lane Swimming	Main Pool
10:30 - 12:00	Under 5s Swimming	Teaching Pool
11:30 - 12:15	Aqua Fit	Main Pool
12:20 - 13:00	Adult Lane Swimming	Main Pool
14:00 - 17:30	General Swim*	Main Pool
19:15 - 20:30	Women & Children Swim (Up to 11yrs)	Main Pool
20:30 - 22:00	Adult Lane Swimming*	Main Pool