

Swimming Timetable

Balaam Leisure Centre

Accurate as of 28/04/2024

Times for Friday 19 January



| Time | Session | Facility |
|---------------|----------------------|---------------|
| 06:00 - 08:30 | Adult Lane Swimming | Main Pool |
| 12:00 - 13:30 | Under 5s Swimming | Teaching Pool |
| 12:00 - 13:30 | Adult Lane Swimming | Main Pool |
| 15:00 - 18:00 | General Swim* | Main Pool |
| 21:00 - 22:00 | Adult Lane Swimming* | Main Pool |