

Swimming Timetable

Balaam Leisure Centre

Accurate as of 17/05/2025

Times for Saturday 20 January



Time	Session	Facility
06:00 - 08:30	Adult Lane Swimming	Main Pool
10:00 - 12:00	General Swim*	Main Pool
12:30 - 14:00	Fun Swim - with inflatable slide	Main Pool
12:30 - 14:00	Family Fun Swim	Teaching Pool
14:30 - 19:00	General Swim	Main Pool
19:00 - 22:00	Adult Lane Swimming	Main Pool