Swimming Timetable Balaam Leisure Centre

Accurate as of 28/04/2024

Times for Monday 22 January			(
Time	Session	Facility	
06:00 - 08:30	Adult Lane Swimming	Main Pool	
09:00 - 10:30	General Swim*	Main Pool	
10:30 - 12:00	Under 5s Swimming	Teaching Pool	
11:30 - 13:00	Adult Lane Swimming	Main Pool	
15:00 - 19:00	Adult Only General Swim*	Main Pool	
20:15 - 22:00	Adult Lane Swimming*	Main Pool	