

Swimming Timetable

Balaam Leisure Centre

Accurate as of 11/05/2024

Times for Sunday 28 January

Time	Session	Facility
06:00 - 10:00	Adult Lane Swimming	Main Pool
08:00 - 09:30	Under 5s Swimming*	Teaching Pool
10:00 - 12:00	General Swim*	Main Pool
12:30 - 14:00	Fun Swim - with inflatable slide	Main Pool
16:30 - 19:00	General Swim*	Main Pool
19:00 - 22:00	Adult Lane Swimming	Main Pool