


# Swimming Timetable

## Balaam Leisure Centre

Accurate as of 14/05/2024

| Times for Friday 19 October |                      |               |  |
|-----------------------------|----------------------|---------------|---|
| Time                        | Session              | Facility      |   |
| 06:00 - 08:30               | Adult Lane Swimming  | Main Pool     |   |
| 12:00 - 13:30               | Under 5s Swimming    | Teaching Pool |   |
| 12:00 - 13:30               | Adult Lane Swimming  | Main Pool     |   |
| 15:00 - 18:00               | General Swim*        | Main Pool     |   |
| 21:00 - 22:00               | Adult Lane Swimming* | Main Pool     |   |