Swimming Timetable Balaam Leisure Centre

Accurate as of 21/05/2024

Times for Thursday 9 July			()
Time	Session	Facility	
06:00 - 08:30	Adult Lane Swimming	Main Pool	
10:30 - 12:00	Under 5s Swimming	Teaching Pool	
11:30 - 12:15	Aqua Fit	Main Pool	
12:20 - 13:00	Adult Lane Swimming	Main Pool	
14:00 - 17:30	General Swim*	Main Pool	
19:15 - 20:30	Women & Children Swim (Up to 11yrs)	Main Pool	
20:30 - 22:00	Adult Lane Swimming*	Main Pool	