

# Dryside Timetable

## Haltwhistle Swimming & Leisure Centre

Accurate as of 29/04/2024

### Times for Monday 1 April



Time	Session	Facility
9:00 am - 9:45 am	Strength & Tone	Studio
9:00 am - 12:00 pm	Soft Play	Main Hall
1:30 pm - 3:00 pm	Carpet Bowls	Studio
4:00 pm - 4:45 pm	Gymnastics 1	Main Hall
4:45 pm - 5:30 pm	Gymnastics 2	Main Hall
5:30 pm - 6:15 pm	Gymnastics 3	Main Hall
6:30 pm - 7:15 pm	Circuits	Studio
7:00 pm - 8:00 pm	Junior Gym (12-16 yrs)	Gym
7:15 pm - 7:45 pm	Why Weight	Main Hall