

# Dryside Timetable

## Haltwhistle Swimming & Leisure Centre

Accurate as of 29/04/2024

### Times for Thursday 4 April



| Time                | Session      | Facility  |
|---------------------|--------------|-----------|
| 9:00 am - 9:45 am   | HIIT         | Main Hall |
| 9:00 am - 10:30 am  | Creche       | Studio    |
| 10:00 am - 10:30 am | Why Weight   | Main Hall |
| 10:30 am - 11:15 am | Easy Gym Fit | Gym       |
| 4:00 pm - 4:45 pm   | Trampolining | Main Hall |
| 6:00 pm - 6:45 pm   | Spinning     | Studio    |
| 6:00 pm - 9:00 pm   | Badminton    | Main Hall |
| 7:00 pm - 8:00 pm   | Dance        | Studio    |