

# Kids, Teens & Family Classes & Activities

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 07/05/2024

| Times for Wednesday 21 March |                     |                         |
|------------------------------|---------------------|-------------------------|
| Time                         | Session             | Facility                |
| 15:30 - 17:30                | Junior Gym 14-16yrs | Y:Active Fitness Studio |