

# Kids, Teens & Family Classes & Activities

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 04/05/2024

| Times for Thursday 20 December |                     |                         |
|--------------------------------|---------------------|-------------------------|
| Time                           | Session             | Facility                |
| 15:30 - 17:30                  | Junior Gym 14-16yrs | Y:Active Fitness Studio |