

# Group Exercise

## Manor Park Fitness Centre

Accurate as of 17/05/2025

### Times for Sunday 17 November



Time	Session	Facility	Instructor	Level
09:30 - 10:15	Group Cycle	Cycle Studio	Virtual	All
12:45 - 13:30	Group Cycle	Cycle Studio	Virtual	All
16:00 - 16:45	Group Cycle	Cycle Studio	Virtual	All