Group Exercise

Manor Park Fitness Centre

Accurate as of 12/10/2024

Times for Saturday 23 November

Time	Session	Facility	Instructor	Level
08:30 - 09:15	Group Cycle	Cycle Studio	Virtual	All
10:45 - 11:30	Group Cycle	Cycle Studio	Virtual	All
15:00 - 15:45	Group Cycle	Cycle Studio	Virtual	All
17:00 - 17:45	Group Cycle	Cycle Studio	Virtual	All