

# Cripps Studio Timetable

## Cripps Recreation Centre

Accurate as of 23/04/2024

### Times for Wednesday 20 December



Time	Session	Facility	Instructor
07:00 - 07:20	Fight Club	MyRide Virtual	
09:30 - 10:00	Studio Cycle	MyRide Virtual	
10:00 - 10:45	50+ Aqua Aerobics	Pool	
17:00 - 18:00	Tour Cycle	MyRide Virtual	
19:30 - 20:00	Fast & Furious	MyRide Virtual	
20:00 - 20:45	Tour Cycle	MyRide Virtual	