

Cripps Studio Timetable

Cripps Recreation Centre

Accurate as of 26/04/2024

Times for Thursday 21 December



Time	Session	Facility	Instructor
07:00 - 07:20	All that Jazz	MyRide Virtual	
08:00 - 08:45	Tour Cycle	MyRide Virtual	
10:00 - 10:45	Aqua Aerobics (Deep end) 14+	Pool	
19:30 - 20:00	Gone in 60 Seconds	MyRide Virtual	