

Cripps Studio Timetable

Cripps Recreation Centre

Accurate as of 23/04/2024

Times for Tuesday 27 March



Time	Session	Facility	Instructor
07:00 - 07:20	Iron Man	MyRide Virtual	
10:00 - 11:00	Tour Coach	MyRide Virtual	
12:10 - 12:40	Studio Coach	MyRide Virtual	
16:30 - 16:50	True Grit	MyRide Virtual	
17:30 - 18:25	Studio Coach	MyRide Virtual	
18:30 - 18:50	Running Man	MyRide Virtual	
20:15 - 20:45	Tour Cycle	MyRide Virtual	