Cripps Studio Timetable

Cripps Recreation Centre

Accurate as of 12/10/2024

Times for Monday 21 January

Time	Session	Facility	Instructor
07:00 - 07:20	True Grit	MyRide Virtual	
08:00 - 08:45	Tour Cycle	MyRide Virtual	
09:30 - 10:00	Studio Cycle	MyRide Virtual	
17:00 - 18:00	Tour Cycle	MyRide Virtual	
18:30 - 19:00	Armageddon	MyRide Virtual	
19:30 - 20:30	Studio Cycle	MyRide Virtual	