

Cripps Studio Timetable

Cripps Recreation Centre

Accurate as of 17/05/2025

Times for Wednesday 20 March



Time	Session	Facility	Instructor
07:00 - 07:20	Fight Club	MyRide Virtual	
08:00 - 08:45	Tour Cycle	MyRide Virtual	
09:30 - 10:00	Studio Cycle	MyRide Virtual	
17:00 - 18:00	Tour Cycle	MyRide Virtual	
19:30 - 20:00	Fast & Furious	MyRide Virtual	
20:00 - 20:45	Tour Cycle	MyRide Virtual	