

Fitness classes

Ancholme Leisure Centre

Accurate as of 17/05/2025

Times for Tuesday 17 January



| Time | Session | Facility | Instructor |
|---------------|--------------------|---------------|------------|
| 10:00 - 11:30 | Yoga | Leisure Suite | Stuart |
| 18:00 - 19:00 | Group Cycling | Leisure Suite | Andy |
| 18:00 - 19:00 | Les Mills BodyPump | Sports Hall | Jade |
| 19:15 - 20:45 | Yoga | Leisure Suite | Stuart |